

Introduction to Authentic Dreamer

Of the Renewal Trails Bundle of Natural Arts

Written by Star Blanket

Many folks ask me *what is a bundle and from where does it originate?* In the case of the Renewal Trails and the way of life I have been taught by our mother earth, the “bundle” is a living library compiled of concepts, techniques, tools, ceremonies and knowledge learned from many of our Earth’s oldest cultures – that are interwoven with the practice of connecting with Nature.

Where it all began is arbitrary. Much of the conscious intending of this journey started with a visit I made to the center of North America in 1989. An ancient one, called Grandfather, told me: *From here we dance with the sun and our prayers radiate throughout Turtle Island and beyond.* He also said: *The journey of being Métis (mixed blood Indian) is to weave the good seeds from all traditions into a common wisdom for all traditions. Then throw away seeds that serve only humans. Teach and heal whoever comes to remember their ancestors.* The journey began in that moment, weaving my wholeness together instead of apart.

Within the Renewal Trails bundle of Natural Arts, is a creation story called the Children’s Earth Twenty Count! The story is also a blueprint and a cosmic map outlining twenty positions in a circle. (“See supporting Medicine Wheel # 1”) Each position is a layer that hosts a large range of frequencies that contain energy transmissions. The story is broad in scope and serves in many ways. One way is to be an interpretive bridge for many languages, customs, sciences and religions. It is consistent with what Grandfather shared with me about the way of being Métis and about connecting ancient wisdom through Nature.

Each level of the Authentic Dreamer training will have thirteen distinct areas of discovery and reclamation within each position of the Children’s Twenty Count. This thought may be overwhelming. The culture we live in is based on valuing quantity above quality. Even though many of us are familiar with the difference, to shift completely to a quality-based way of life may be the mountain to climb for many humans. This training requires the quality to be integrated by a discipline of practice.

Within the Children’s Earth Twenty Count is the fifth reality or spectrum, called Sacred Human. This spectrum is where we can discover and open of all our senses to their full potential. Imagine hearing and smelling like the dogs, seeing like the eagle, or smelling like the deer. The Sacred Human journey of opening these sensory perceptions complements all our skills as Humans. Maturing through this spectrum requires that we claim all the components of being human. One of those components of the Sacred Human is the Dreamer.

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This Sacred Human spectrum has nine components. Although they move as one unified system, the nine separate components serve us by isolating and developing the skill set that belongs to each component. We call this teaching The Nine Faces of the Authentic Self. (See attachment #2 in Supporting Medicine Wheel section).

A Dreamer must have a Dream! That dream may be from the conscious mind, meaning to have a conscious awareness of it. Or the dream may be seemingly random, being semi-aware of it. This comparison is often termed as conscious, subconscious or unconscious.

Another defining comparison of the Dream is whether it is a day dream or a night dream. The terms refer to the light of the day and the light of the dark, or “the awakened dream” meaning we are awake and “the sleeping dream” meaning we are sleeping. All terms are descriptive of dreaming and the dream. The difference is in how and when we access different dream realities.

To understand the terminology of Dreamer and Dream, as it is in this bundle of knowledge, we might consider an unconditioned runner starting to develop their muscles and organs with a measurable goal of running two miles without walking. The Dreamer has created the Dream of running two miles. At first the Dream is closed, because the muscles and organs are heavy and tight and pain comes very early into the run. As the body’s muscles and organs open, the effort becomes less heavy and is soon effortless. The Dreamer created the Dream and then experienced it. This is also called coming full circle or full cycle. A Dreamer that has a Dream of becoming a Master Dreamer will have a similar circle or cycle of developing.

Most Dreamers begin to develop their abilities by expanding consciousness through time and space, and then retreating back into the third dimension. The interpretation and integration of the Dream into consciousness usually takes place during the everyday activities of daily living in the third dimension. The Dream then presents as a story that we try to interpret.

The Master Dreamer, however, experiences the Dream in “full relationship” to all that exists within an expanded territory. “Full relationship” means there is total memory of the relationship between all forms within space and there is no separation between the Dreamer and all that exists in life and in the Dream.

The Master Dreamer does not disclaim any experience within the time and space nor is distracted by myth, beliefs, entertainment, and judgments. The Master does not need to convince others in order to be trusted, by telling a “story” of their truth. The Master simply “is”.

Becoming conscious of Dreams and of their meanings and teachings, and mastering the skills of navigating through time and space - can be an elusive goal, because it requires a person to be fully present in every moment. The movement of Dreams is very fast, so we have to be paying attention!

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We are living in a Dream; therefore it is challenging for us to detach enough from the Dream we live to understand the components of the Dream. We are also challenged to understand the designing component of the Authentic Self called the Dreamer.

During the beginning stages of this training, the increasing awareness we experience will feel like it is of little value, without a reward. Each person that embarks on this discipline of Master Dreamer, and of developing this component of the Sacred Human will need to dig into their own values to find a longing within them that can be measured. Thus, the progress will always have a personal reward.

The Renewal Trails tradition of Natural Arts has been often misunderstood. Being from Métis origin, I have lived with multiple cultures, practicing their customs. The mixing of knowledge can be easily boxed in the religious term called Shamanism. Shamanism has recently become a term for any unknown or mysterious type of self-enlightening learning or experience. People who are drawn to new age teachings, the sciences, and organized religions are inclined to categorize "Seekers of Truth" into a definitive term, so they can protect themselves within their beliefs and also attempt to predict the actions and intentions of others.

The truest traditions will have their foundations, rituals, and ceremonies grounded, tested, and proven in Nature. The art of any tradition is in its simplest definition. The Renewal Trails bundle defines itself as: *Living in Harmony with Nature's Ways and Intelligence.*

There are many Shamanic traditions around the world that carry knowledge, techniques, and ceremonies. Dreaming may or may not be included. Each of these traditions has various teachings, methods and stages for developing skills. They teach of gifts and awareness and are usually rooted within the role of that specific geographic and historic region for its place in global evolution.

When traditions create dreams of spreading their knowledge and wisdom, a fine line develops between the commerce and the art of these traditions. When I asked Grandfather how I will know this line, he answered very deliberately: *A tradition that is related to nature's ways and serves all of Earth's Children will always return medicine (insights, remedies) for the giving. If not, the tradition has drifted away from all of the Children, and then the tradition must find its way back to alignment. That is the way it has always been.*

This is how I was taught. This wisdom has been tested many times in my life and I have had to find my way back to alignment with the ancestors. These experiences can then translate into an integrated wisdom. It is a fine line and there is no such thing as failure. Most seasoned explorers also have stories of being on both side of the line. It is just the way of the Nature's intelligence.

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