

Fall Harvest River



The Teaching goes like this: A river sensing the threshold of the seasonal summer's sun, gives way to the fall; a slow daily reducing temperature that begins the annual cycle of retreating and preserving its volume of water and the data contained within. As the waters continue to reduce temperature, the contraction of the river's channel width seals and compresses the soils until the freezing temperatures arrive. The rivers outside edges will be the first to form ice. The ice then expands towards the visual center of the river's channel as the outside temperatures remain below the freezing point. This process continues until only the bottom of the river is efficiently flowing for distribution, with most of the water being held in suspension for the next spring cycles birthing. All earth's living inhabitants are designed to mimic this action and contrary actions will eventually erode the spirit of the river. The spirit of the human body will declare a rebellious and an adapting override to continue creating when naturally it is time to retreat and rest.

Applying Nature's learning outcomes of the Renewal Trails Cosmology to the Oral Teaching of a Harvest River:

- ❖ East: Accomplishment Outcome is the sealing of the seasonal growth cycle's data into the physical container (river channel) for composting, introspection and integrating the knowledge into Nature's wisdom.
- ❖ Southeast: Teacher (Mimicking) Outcome is a conceptual reflection of nature's biorhythms and strategy to reduce new stimulus and inputs while maintaining the function of distributing the water and data to all inhabitants of the ecosystem that the river serves.
- ❖ South: Movement Outcome of the river is to reduce (close) the movement to the deepest part of the channel while continuing a minimum movement of water flowing. This keeps the integrity of the distributing function to the whole system. This would be an example of a primal intent to a subtle level.
- ❖ Southwest: Recording Outcome is the deliberate reducing of the water's flow, so the earth has the time to absorb nourishment of the season's leaves, sticks, and soil into compressed forms for imprinting. This allows the knowledge to be coded into forms that the earth will compost, record and imprint into

earth's minerals being held into suspension during the Winter season.

❖ West: Landscape Outcome is the total changing ambiance of color, smells, sounds and textures of leaves, grasses, and seeds that create the skin of the river. The return of the creations containing earth's energy nourishes the water and gives the chemicals needed for the composting process. The skin of the river is a food- like cache system that expresses outward during the previous seasons and retreats inward into the infrastructure of the ecosystem during the fall landscape.

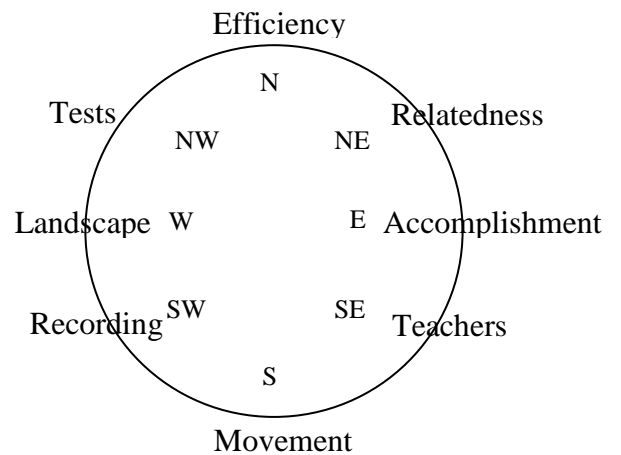
❖ Northwest: The Tests Outcome, in this example of a fall harvest river, comes in the forms of the back and forth temperature variations, rainfalls, and other weather related contrasts as Fall leaves and Winter arrives. The regulating contrasts of temperatures impact the speed of Fall's retreat. The intelligence is native to each ecosystem for all learning outcomes.

❖ North: Efficiency Outcome is measured in the speed by which the volumes of data are utilized, re-used, and distributed to all inhabitants of the ecosystem. The return or retreat process of the Summer's growth requires all inputs to be directed and choreographed into the next Winter's containments for regeneration. This requires efficient sheltering for non-living and living forms to slow down

their rates of movement as influenced by the fluctuations of basic elements.

❖ Northeast: Relatedness Outcome is both direct and indirect impacts of inputs and outputs that affect the holistic health of any given environment. The relatedness is served; including the rights to life for all inhabitants. This includes Rock (minerals), Plants (vegetation). Animal (swimmers, crawlers, two and four legged, winged forms) and Humans.

Measure Circle of Learning Outcomes



Fall harvest River Messages

Nature's signals govern by guiding seasonal changes. The cycle for all of Earth's inhabitants is on a cellular level. This signal affects the biorhythms to adjust. If the adjustment is to override with synthetic substance, then separation from a natural guidance occurs. Without a lifestyle change, aligning to the natural cycle will cause a widening gap of opposing guiding messages to increase between the natural symbiotic relationships of the season. The relationship will continue to create when it is time to slow and reflect. Herein this gap is where the services provided by Braided Traditions LLC and associates apply.

For farmers, contractors, mining and other professions with primarily outside activities the *message* is distinct. Four season regions are accustomed to their profession being guided by weather. To others, the adjustments to colder temperatures with clothing, shopping and over the counter medications disguise the natural sensory functions. The result can be health related.

The *message* for practitioners of Western, Alternative, Chinese Therapies, and other transformational medicines is to connect the clients and students to natural changes and be wise to the seduction of an adapting tactic that enables dependency to develop.

The *message* for the pioneers, activists, politicians and business leaders of commerce is to close this widening gap of activities by including Oral Wisdom that was left by elders, architecture, rock art and other guarded forms of language. The world commerce as a priority must give way to the

greater wisdom. Personal dignity and identity will transform into being in natural relationship.

The Holistic Health teacher of the natural environment is that there are multiple layers to each level of connecting to her resources. By designing, aligning and applying techniques, productions and experiences to natural cycles, all the multiple layers can be penetrated by treatments in the least resistant way by a greater intelligence.

The services provided by Braided Traditions LLC, and its individual members, are designed and tracked to establish a communicating link to the intelligence of Nature's evolution. The mediums of learning and language will vary from people to people. The broad spectrum of experience we bring to the services provides a common ground for communicating across cultural boundaries.

Sponsors of classes, workshops, doctorate research and projects are welcome!

Private Practice of Holistic Health consulting is available by phone conference and Skype Video conference and travel. Translators will be needed for international languages and additional costs may apply.¹

¹ *As always, all mistakes are between my creator and me.*