

# Ceremonial Protocols/Principles

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*For Renewal Trails Bundle*

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We always have the option of treating all of our interactions as a ceremonial experience. However, for most people, this is a difficult task to live out in all aspects of our lives, in all moments. Practicing the art of ceremony to have the reference point of the experience is one way to integrate and get closer to living in such a way all the time.

The following protocols (or guidelines) and principles are followed for creating ceremonial environments and experiences for the people that join us for teachings, discussions, or events of the Renewal Trails Bundle of Knowledge.

## **Ceremonial Protocols and Principles**

1. “Stay Focused and think for yourself” - The ceremony’s mystery gets started with the first spark or question, regardless whether you ask yourself silently or the sponsors of the particular event you are attending. The ceremony will not end with the breaking of camp either and will continue until transformation occurs. Regardless of tradition, beliefs and customs, movement always travels in this way. Transformation manifests by remembering the earlier questions of what began the movement. The process of preparing, packing, shopping, travel will be rich with voices of joy and defiance. By staying focused the voices will pass and the transformative alchemy can manifest! The mystery will matter again. That is the connection to nature’s ways.  
All my Relations!
2. “Practice Co-Creating” - The art of co-creating with nature’s ways is often foreign to many folks. The protocol begins with an honest assessment of what resources can be given and what can be taken without being out of balance. The two “give and take” are not a deal, bargain or a negotiation of any kind. Honoring of both the give and the take, individually, is what constitutes Co-Creation. Getting connected is about living with Nature as your mother and not capturing it.  
All my Relations!
3. “Mirrors of reflection are with the Self” – Most experiences brought before us are external mirrors that are reflecting an internal learning process. Learning from a ceremonial focus, the reflections of the experience can result in insights. The substance of the learning is at an accelerated pace because of the focused intent. Acknowledging that the intensity of the reflection can assist in bringing resolutions forward also allows for possible openings for lifestyle adjustments.  
All my Relations!